

# #EbaSafeOnline



ETNIKIDS PUBLISHERS





Marangaphada 



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### Marangaphada

**Dr Mashilo Boloka, CEO at Film and Publication Board:** U engedzea ha vhuleme vhure kha zwileludzi zwa vhudavhidzani zwi kombetshedza uri ri dzule ro di imisela u funza vhathu, zwi ri kombetshedza u shumisana sa zwiimiswa zwo fhambanaho. U shumisana ha Film and Publication Board (FPS) na Meta na zwidwe zwiimiswa zwino shumisa zwileludzi zwa vhudavhidzani kha u lwa na vhuleme vhune havha kha zwileludzi zwa vhudavhidzani na u itela uri hu vhe fhethu ho tsireledzeaho, ndi tsumbo ya u shumisana. Sa tshiimiswa tshino dola uri zwileludzi zwa vhudavhidzani zwi nga ngona, u shumisana hou hu vhonadza ndivho yashu ya u shumisana, ngauri a huna tshiimiswa tshine tsha nga lwa na vhuleme ha zwileludzi zwa vhudavhidzani nga u to a imisa.

U shimisani ha Meta na vha FPS ho disa mitshelo minzhi ya u tsireledza vhathu kha zwileludzi zwavhudavhidzani kha waha wo fhelaho. Mitshelo iyi I sumbedza mushumo kha u tsireledza vhathu musi vhe muyani na ndingo dzi re hone kha u funza vhathu nga ha vhundeme hau tsireledzea musi vhathu vha kha zwileludzi zwa vhudavhidzani na musi vha siho khazwo. Bugu iyi ndi iwe ya mafufufulu ashu. Zwa u waliwa hayo sa bugu ya zwipopai zwi sumbedza u leluwa hau disa milaedza ya u tsireledzea kha zwileludzi zwa vhudavhidzani kha vhana na vhaswa

Kha tshifhinga hetshi tsha vhuleme kha zwileludzi zwa vhudavhidzani, bugu iyi yo tea, yo a nga tshifhinga tsho fanelaho na hone I do thusa vhanzi.

Ri pembela navha Meta.

## Maipfi nga mudzuzanyi

Zwi tshi ɗa khau tsireledzea kha masiatari a vhudavhidzani, ro dzhia ɓiga ɓa u funza na u manɗafhadza vhaswa na vhabebi. Tshumisano yashu navha Ethnikids Publishers kha ɓa Afrika Tshipembe, zwo sika bugu ya #EbaSafeOnline, bugu ine ya vha tshishumiswa tsha vhuthogwa tsho pikaho u engedza nɗivho nga ha khombo dzire hone kha masiatari a vhudavhidzani.

U andadzwa ha bugu iyi ndi zwau thoma fhanu Afrika Tshipembe nga vha Meta, zwi sumbedza u ɗiimisela ha vha Meta kha u itela uri vhatu vha tsireledzee musi vha kha masiatari a vhudavhidzani. Bugu iyi a i ɗisi fhedzi tsivhudzo ya zwithu zwa vhuɗhogwa zwine vhatu cha fanela u ita u ɗi tsireledza, I dovha hafhu ya ɗuɗuwedza u shumisana ha vhana na vhabebi kha u khwathisedza uri vhana vho khuda musi vha kha masiatari a vhudavhidzani.

U swikelelea ha bugu iyi, hune ha vha na dzo nɗwaliwa nga nyambo dza fumi na nthihi dza Afrika Tshipembe dzire hone kha siatari ɓa inthanethe kha My Digital World Website ya Meta, zwi sumbedza lutamo lwa u anɗadza tshishumiswa etshi tsha vhuɗhogwa u ri tshi swike kha vhatu vhoɗhe. Ndi tshihumbudzi tsha uri muɗwe na muɗwe washu una ndima ya vhuɗhogwa ine a fanela ui tamba u itela u tsireledza vhaswa kha masiatari a vhudavhidzani.

Ri fulufhela uri ni do I vhala, na vhudza vhaɗwe nga hayo, na dovha hafhu na amba nga hayo na thanga murole, vhabebi na vhaɗwe vhaɗhogomeli. Fhanu kha Meta, ri tama ni tshi isa phanɗa na u guda u ri ni nga ɗi tsireledza hani musi ni kha masiatari ashu.

Ni ɗi phine ngau vhala!

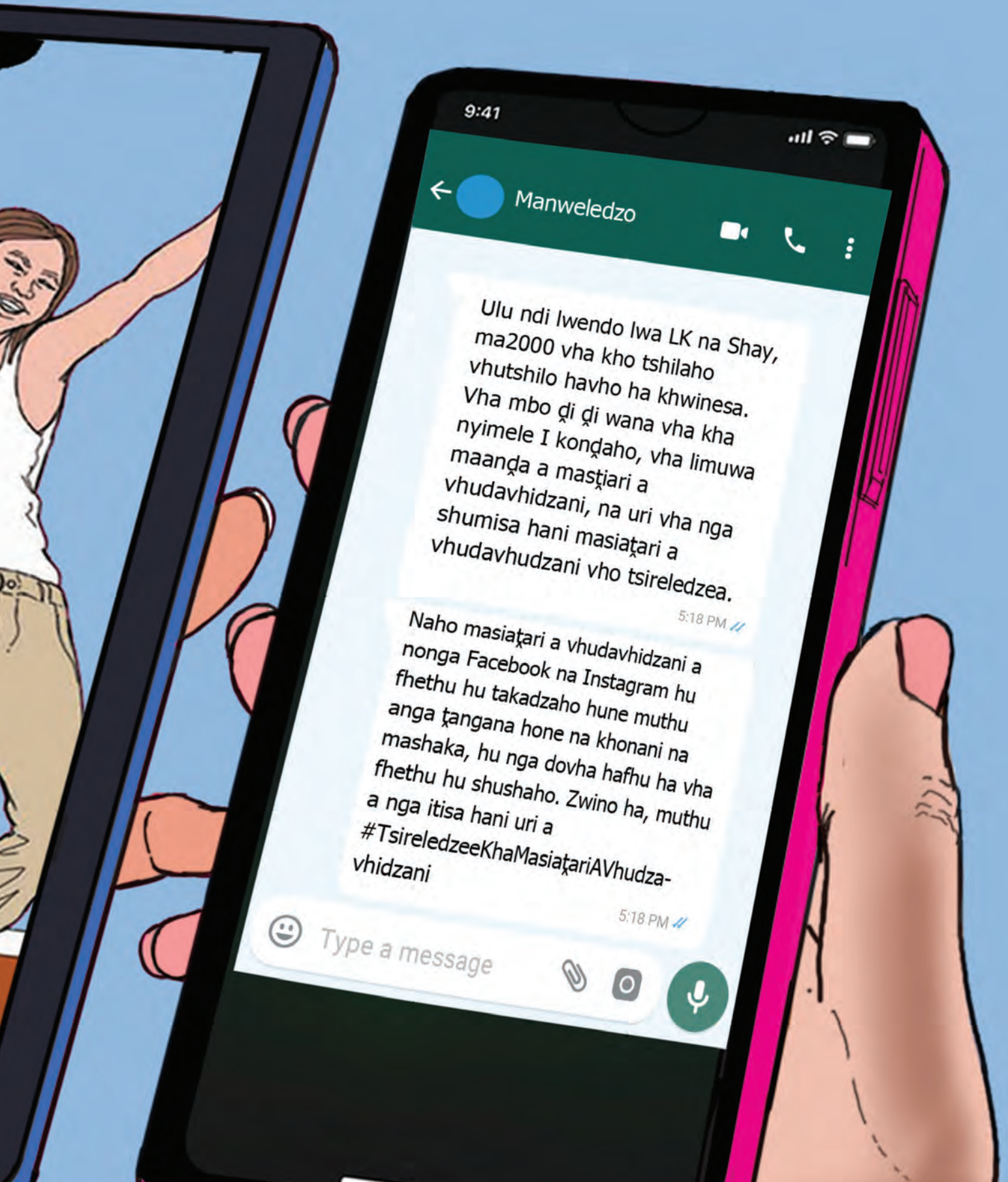
Oluwasola Obagbemi

Corporate Communications Manager Meta Africa

Comment



# #EbaSafeOnline



9:41

← Manweledzo

Ulu ndi lwendo lwa LK na Shay,  
ma2000 vha kho tshilaho  
vhutshilo havho ha khwinesa.  
Vha mbo ɔi ɔi wana vha kha  
nyimele I konḁaho, vha limuwa  
maanda a masḁari a  
vhudavhidzani, na uri vha nga  
shumisa hani masiḁari a  
vhudavhudzani vho tsireledzea.

5:18 PM //

Naho masiḁari a vhudavhidzani a  
nonga Facebook na Instagram hu  
fhethu hu takadzaho hune muthu  
anga ḁangana hone na khonani na  
mashaka, hu nga dovha hafhu ha vha  
fhethu hu shushaho. Zwino ha, muthu  
a nga itisa hani uri a  
#TsireledzeeKhaMasiḁariAVhudza-  
vhidzani

5:18 PM //

😊 Type a message









Nga guvha Je tshikolo tsha vala nga Jo, Shay na mme awe vho ya u dalela vha mutja wa ha Dlomo.

Ni songo ralo Marion, uri na inwi no vha ni henengei?

Nomsa, ndi khou amba ngoho, nge na mihwalo yanga ro vha ri kati ha heija imbi ya vhaswa.



Vhatsireledzi vha mojo vho vha vha ngafhi.

Ho vha hu si na na muthuhi thama, ndi ngazwo nge ndi tshi funa u renga nga inthanethe.

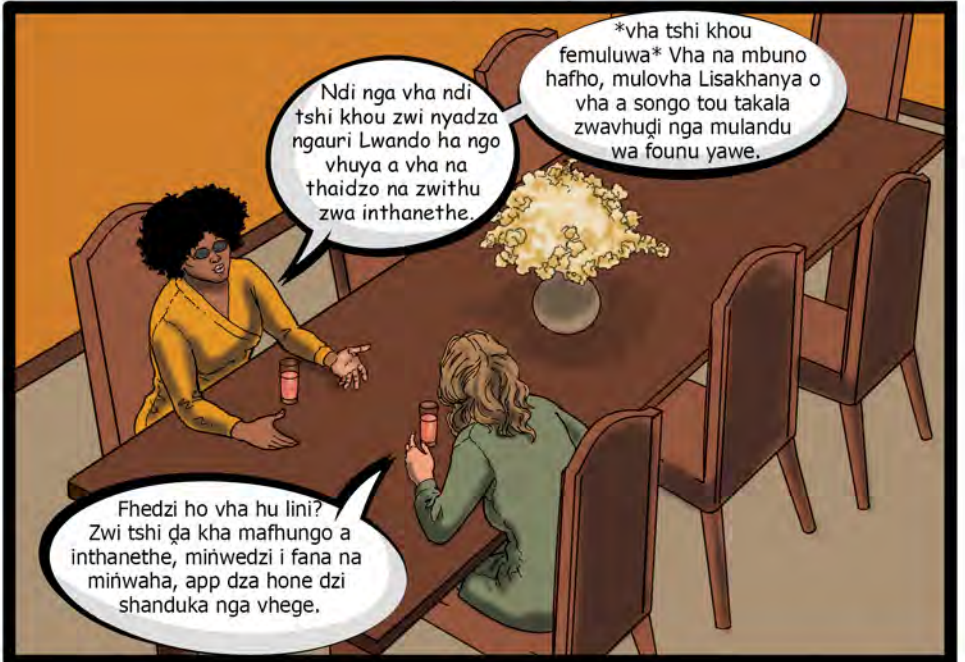
Ho gala zwigevhenga hafha nga, vhone vha fulufhela hani inthanethe nga zwidodobedzwa zwavho zwa bannga?

A hu na zwine nda nga ita. Shay u a ngudisa nahone ndi a tshanya u fara. Nge nae ri khou farana nga maannga ngazwo hezwi zwithu.

Evho wee! Nge a thi togi na u dzeha kha hezwi zwithu zwa inthanethe, khombo ya hone ndi khulusa.



Khombo? Shaka Janga, ri na vhana. Shayla ndi ene nwananga e ethe nahone ndi khou tojau mu tsivhudza nga zwithu zwi kwamaho inthanethe.



Ndi nga vha ndi tshi khou zwi nyadza ngauri Lwando ha ngo vhuya a vha na thaidzo na zwithu zwa inthanethe.

\*vha tshi khou femuluwa\* Vha na mbuno hafho, mulovha Lisakhanya o vha a songo tou takala zwavhudi nga mulandu wa founu yawe.

Fhedzi ho vha hu lini? Zwi tshi ga kha mafhungo a inthanethe, mihwedzi i fana na miwaha, app dza hone dzi shanduka nga vhege.



Uri vha vhona unga nge, ndo kegula ngaurali ndi nga guda zwithu zwiswa?

Hufha nge ndi muhulwane kha vho, nga nnga ha hezwo, ndi a zwi givha uri vhone vha funa vhana vhavho nahone vha takalela u dzula vho vha tsireledza. Kha vha sedze hafha.



Heyi a i kongi, i nga ha u linda ha vhana nga vhabebi. I nthusa u vhona uri Shayla u khou tevhelela mini, nahone zwa vhuhogwa, u khou tevhelelwa nga nnyi kha Zwileludzi zwa vhudavhidzani. Ndi a kona u vhona uri o pota nnyi, uri o bujoka nnyi na u vhona arali a tshi lingedza u shandukisa kudzudzanyele kwa zwithu.



Ndi zwavhuḡi hezwo. Zwi sumbedza zwi sa konḡi fhedzi ndi khou ḡḡa u dzhiela Lisakhanya founu. Kani ndi miḡoro zwine nda khou humbula.

Hedzi founu dzi a vha tsiredza Nomsa, nahone a ni tami u vha swina na vhana. Fhedzi ni nga vhea mikaḡo uri vha shumisa founu kha Instagram u swika lini musi vha sa athu fanela u awela.



Zwi shuma sa vhuḡolo. Shayla u ya kona na u fhedza tshurwahaya yawe nga tshifhinga nahone maraga dzawe dzo no vha khwine nga maanḡa.

Zwavhukuma? Ndi a ḡivha uri Lisakhanya u guda zwinzhi kha Instagram, Facebook na zwiwewho, fhedzi, ndi tama a tshi kona u lingani...

...ndi phosho ya mini iyo?!



Heyi, Lwando! LWANDO! Ndi inwi a no khou nkwashele nḡu?



Nḡe? Hai, Baba! Ndi Khou humbula uri ndi thulusi dzavho.



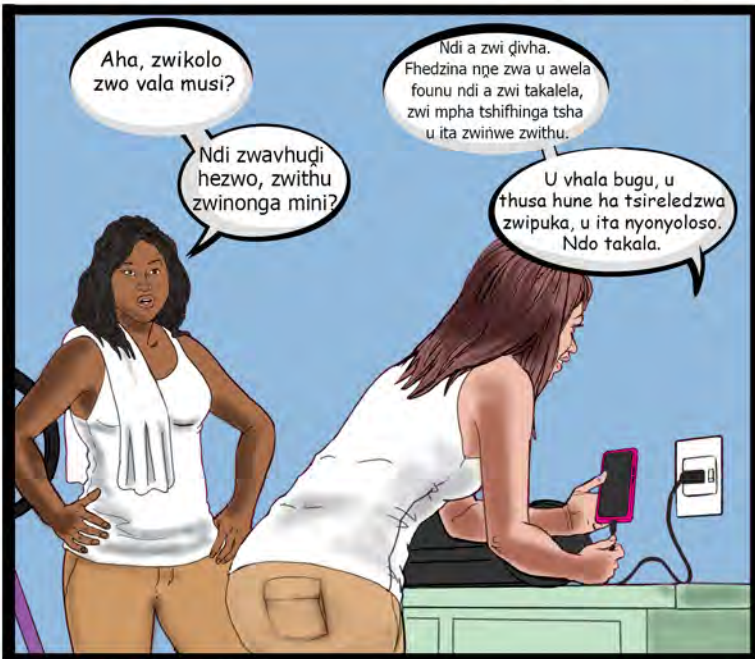
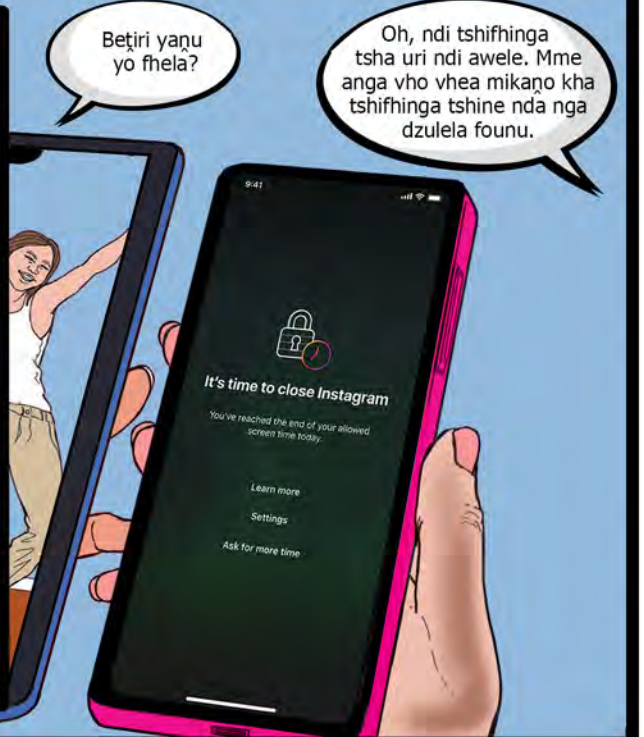
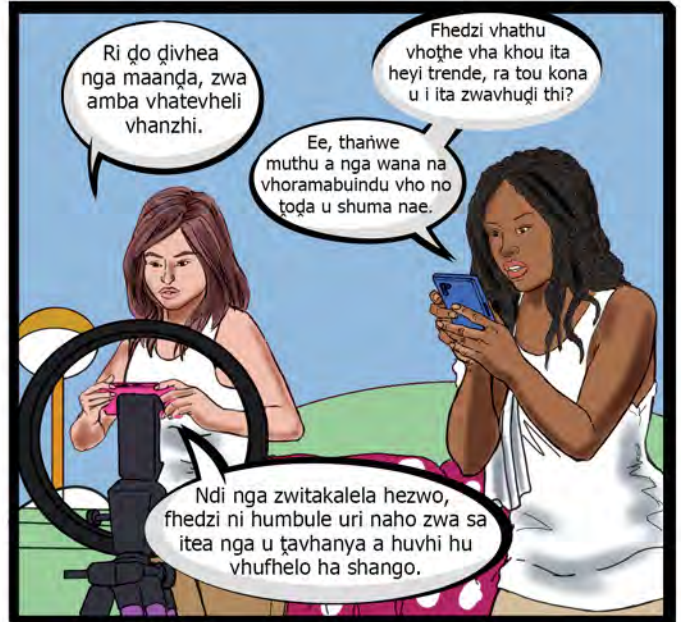
LI-SA-KHA-NYAAA!!!

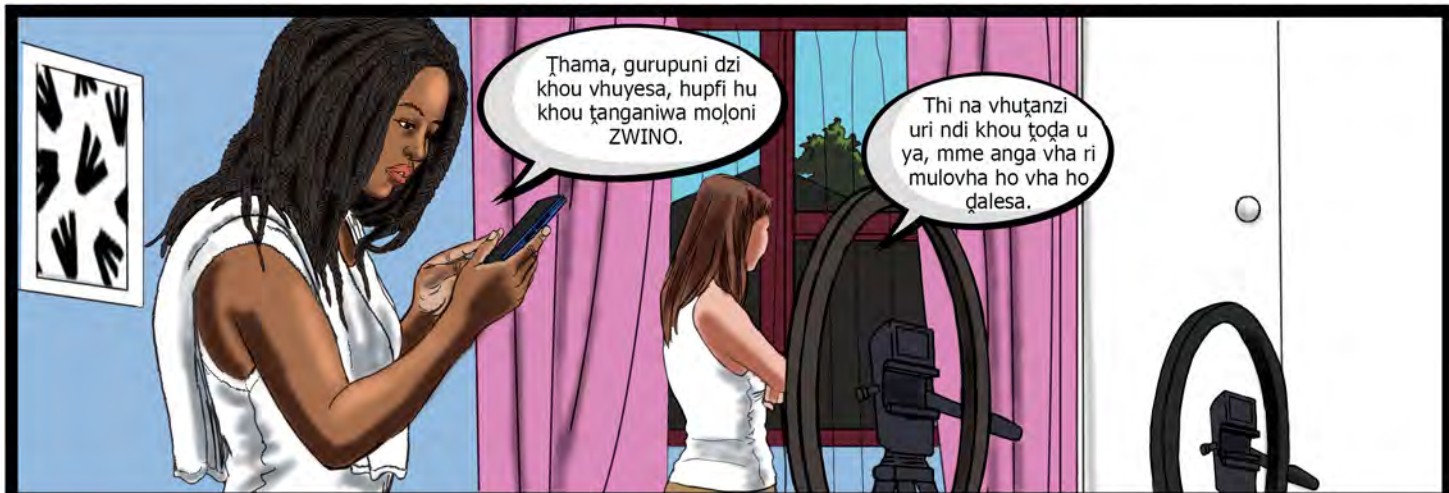


Nga itsho tshifhinga, LK na Shay vho vha vha tshi khou ḡiphinesa.

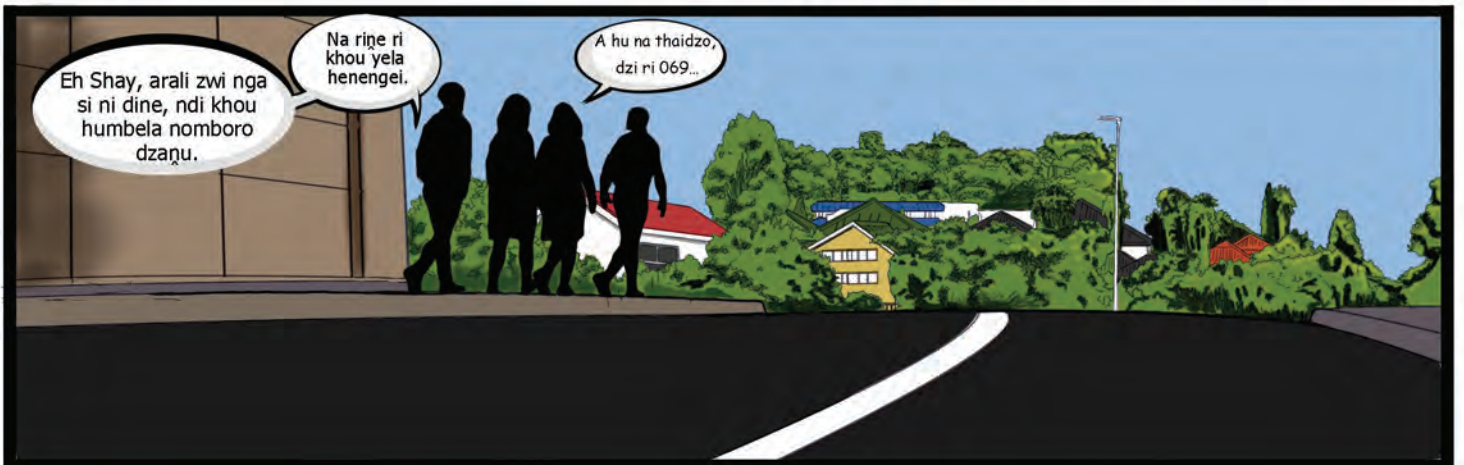
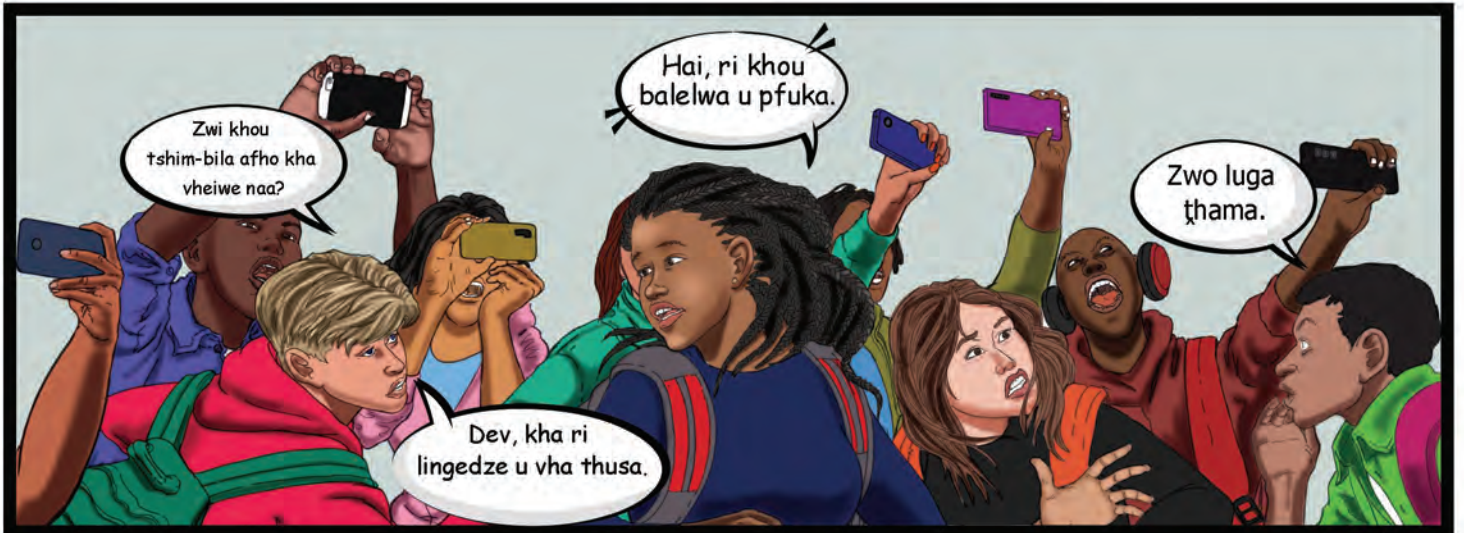
5 na 6 na 7- 8!, mufunwa nḡe ndi funa inwi fhedzi.













Hangei hayani, vhathu vho dala dakalo.

Vhasidzana, no vhuya? Iḡani ni dzule na riḡe.

Luhle u khou ri sumbedza mitshino yawe miswa.



Hey, LK, ri a i ḡivha heyi.

Holu luimbo lu ya takadza.



Ndi zwavhuḡi, ndi khou rumela vhathu vhoṡhe vidiyo, yo nakesa.

Ndi vhona u nga ndi ya ḡivha uri ni fanela u ita mini ngayo...

Ndo livhuwa ṡama, ndi yavhuḡi.



Ni nga vha ni tshi khou tamba.

A thi khou tamba na luthihi lingedzani.

Zwo luga. Ndi a ni fulufhela.

Zwa vhukuma ṡama. Ndi vhona u nga i do shuma zwavhuḡi.



Zwo luga, i ṡangavhudzeni. Hezwo ndo tshuwesa.

Shilikiti, a thi kholwi uri vhathu vha ya ṡangavhudza hezwi zwithu.

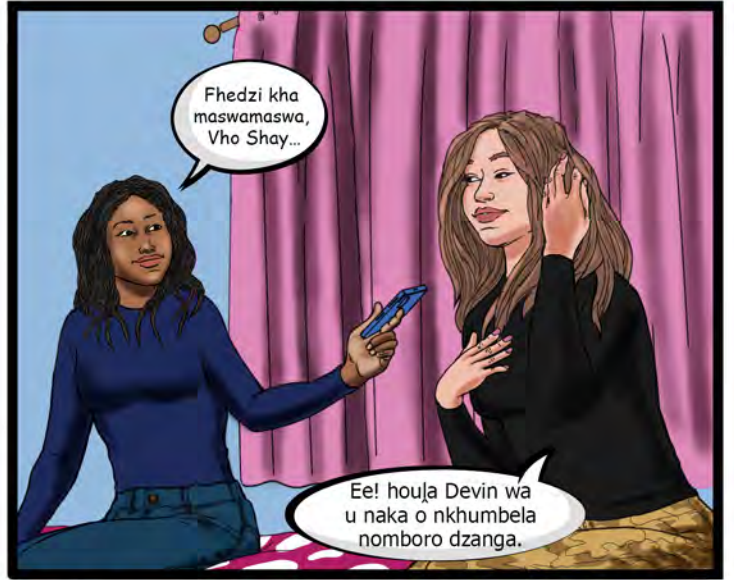



Mulandu ndi mini?

U kandekanywa ha vhathu, ndi khou zwi vhona kha Zwileludzi zwa vhudavhidzano.

Ndi zwoṡhe zwo khakheaho moḡoni.

Ndi khou vḡiga dzoṡhe hedzi posti, a si zwavhuḡi lini.





**Meta I vha d̄isela**

**#TsireledzeaniKhaZwileludziZwaVhudavhidzani**

**Muñwali**

Lebohang Masango

**Muoli**

Mfundo Ndevu

**Vhabveledzi**

Oluwasola Obagbemi and Kezia Anim-Addo

**Musiki**

Itumeleng Morule

**Vhashumisani**

Duduetsang Makuse, Sylvia Musalagani, Phil Oduor,

Ece Basay, Sophie Vogel, Eva Sow Ebion

**Ethnikids Publishers**

Tina Akuoko and Khumo Tapfumaneyi

**Ri tama u livhuwa:**

Clockwork, PR partner for Meta in South Africa

**Zwidombedzwa zwa khandiso**

Bugu heyi yo bveledzwa nga EthniKids Publishers (Pty) Ltd. I tshi itelwa Meta Africa nga 2023. Muñwali ndi Lebohang Masango 2023. Muoli ndi Mfundo Ndevu 2023. Vhabveledzi ndi Ethnikids Publishers 2023. Bugu yo senguludzwa nga Ethnikids (Py) Ltd ya dzudzanyiwa nga Ethnikids Publishers. Pfanelo dzothe dzo tewaho dzo tsireledzwa nga mulayo. A huna tshipiḡa tsha bugu tsho tendelwaho u kopiwa nga mitshini kana tekhiniḡodzhi hu si na thendelo ya Meta Africa yo to ñwaliwaho. Ethnikids Publishers ndi davhi ḡa Ethnikids (Pty) Ltd. [www.ethnikids.co.za](http://www.ethnikids.co.za)

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**Tshivenda**

# Thanziela

“Kha shango li khou gidimaho la vhudavhidzani ha muyani, vhaswa vha dzhangho la Afurika vha vho kona u swikelela mafhungo manzhi a u fhirisa zwe ra vha ri tshi nga humbulela zwone miñwahani ya fumi yo fhelaho. Naho heli shango jiswa li tshi fulufhedzisa zwinzhi kha vhane vha nga kona u wana nqivho na vhukoni zwo fanelaho, hu dovha hafhu ha vha na vhuḏifhinduleli hau khwathisa uri vhaswa vha a kona u hu shumisa vho tsireledzea nahone ngau qi fulufhela. Digify Afrika vha vhona vhundeme hauri vhatu vha kone u shuma nga inthanethe ra dovha ra di hudza nga u kona u ḏisa pfunzo iyi kha vhaswa kha dzhangho la Afurika, nga mahala, nga u shumisana hashu na vha Meta Platforms.”

**- Gavin Wealo, CEO ya Digify Africa.**

“Zwi a tuḏuwedza u vhona mafufufu na vhumondo zwine vha Meta vha kho ita u gudisa vhashumisi vha masiatari a vhudavhidzani uri vha khude musi vha muyani. Vha kho khwathisedza uri u tsireledzea ha vhaswa ndi vhuḏifhinduleli ha vhatu vho tanganelana, ngau riwala bugu dzi fanaho na hei, uri ri kone u swikelela vhaswa vhanzhi, nga nqila ine vha i pfesea khwine. Ku shumisele kwa zwifanyiso, maipfi na kuvhekanyele kwa mafhungo zwi ita uri bugu iyi I takadze. Ri tama mulaedza wa bugu iyi u tshinga ita uri vhatu vha vhe na nyambedzano nahone i humbudze muvhali uri a nga tamba ndima ya vhuḏhogwa kha u ita u ri zwileludzi zwa vhudavhidzani zwivhe fhethu ho tsireledzeaho hune munwe na munwe washu a vhonala a wa ndeme.”

**- Rianette Leibowitz, Cyber Wellness and Online Safety expert, founder of SaveTNet and Digital Parenting author**

“Fhano kha Clockwork, ri qi hudza nga he ra shuma na vha Meta khau sika bugu ya #Khudanikhazwileludzizwawhudavhidzani, ine ya sumbedza u qi nekedzela ha Meta khau khwathisedza uri u tsireledzea ha vhaswa kha zwileludzi zwa vhudavhidzani ndi zwa ndeme. Sa izwi bugu eyi yo itelwa u funza na u maanḏafhadza vhatu kha Meta, u vha nea nqivho, zwishumiswa zwa u ri vha tsireledzee musi vha kha zwileludzi zwa vhudavhidzani, ri fulufhela uri ri kho shumisana na vha Meta, ri ḏo vula nqila ya u ita uri tshifhinga tshoḏhe muthu a tshi phadladza, a tshi puḏedza na musi a tshi davhidzana zwi vha zwo tikwa nga milayo ya u tsireledza na u khwathisedza, na u fhatu vhu matshelo kha zwileludzi zwa vhudavhidzani ho tsireledzeaho kha vhoḏhe.”

**- Meta PR Team at Clockwork**

“Zwileludzi zwa vhudavhidzani zwo anda u fhirisa zwine vhatu, nga manḏa vhaswa vha nga kona u zwi swikelela. Ndi ngazwo Meta yo qi nea vhuḏifhinduleli hau gudisa vhaswa u qi tsireledza kha zwileludzi zwavhudavhidzani sa izwi hu hone fhethu hune vhaswa vhanzhi vha qi phina vha hone. U shuma kha bugu iyi zwo vha zwa ndeme kha nne zwa mpha na tshikhala tshau khwinisa ku pfesesele kwanga ngaha u qi tsireledza (na u sa penga) musi ndi kha zwileludzi zwa vhudavhidzani.”

**- Lebohang Masango, Social Anthropologist, Award-winning author, Poet**

“Uvha tshipiḏa tsha u sika na u bvedza bugu iyi zwovha tshenzhemo yavhudi. Meta I ranga phanḏa kha u bvedza u tsireledzea ha vhaswa kha zwileludzi zwa vhudavhidzani nahone nne ndi qi hudza nga u vha tshipiḏa tsha tshimiswa itshi. Bugu heyi i tshimbilelana na vhukoni hanga hau bvedza nqivho ndi tshi itela vhaswa.”

**- Mfundo Ndevu, Illustrator and Graphic Designer**

“Ro wana zwi zwa ndeme u vha tshipiḏa tsha zwithu zwine zwa funza zwa dovha hafhu zwa shandukisa kuvhonele kwa vhatu nga ha kushumisele kwa zwileludzi zwa vhudavhidzani nga vhaswa. Zwo vha zwa vhuḏhogwa uti ri sike tshithu tshine vhaswa vhangana kona u tshi pfesesa nga khathihi ri khou pfukisa mulaedza zwo leluwa. Ri fulufhela uri shela hashu mulenzhe hu ḏo ita uri huvhe na tshanduko khulu kha nqila ine vhaswa (na vhahulwane) vha shumisa ngayo zwileludzi zwa vhudavhidzani.”

**- Ethnikids Publishers**

